





Activity Calendar

October



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
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|  | Hold hands and stomp through the leaves together. | Read a touch and feel book, such as <i>Fall</i> . | Hold baby and pretend to “fall off the wall” as you sing “Humpty Dumpty.” | Play with sponges, foam balls, and squeeze toys in the bathtub. | Play with magnets on a metal cookie sheet. | Open doors, spin wheels, and race toy vehicles across the floor. |
| Let infants crawl on slightly uneven surfaces. | Use motions for “up” and “down” as you sing “Hickory, Dickory, Dock.” | Go outside and let baby run his hands through dirt. | Swat a sponge ball with a flyswatter. | Add hand motions as you do the fingerplay “Open, Shut Them.” | Collect leaves. Crush them and listen as they crunch. | Push and pull toys to make them move. |
| Paint on a large piece of paper using a spatula as a paintbrush. | Make cymbals from metal pie pans and strike up the band. | Drive boats through water in a shallow, plastic tub. | Use a laundry basket as a “car.” | Turn a plastic bucket over to use as a drum. | Use a finger to trace around crackers before eating them. | Cuddle up with a counting book, such as <i>1, 2, 3 in the Sea</i> . |
| Cross your legs at the knee and give your child a ride on your foot. | Try a yummy Halloween food, such as cooked sweet potatoes. | Dip hand into white paint. Print on dark paper. Draw eyes to make a ghost. | Toss balls into a large, plastic pumpkin. | Put dried pumpkin seeds in a jar and use as a shaker. | Put on a fun costume and surprise your friends. |  |

NOTE: The suggested activities in this calendar are for family members to do with infants ages 0–18 months. Before you begin, make sure the daily activity is appropriate for the age, skill level, and interests of your child.